

Fathers of Youth with Autism Spectrum Disorder

- A Systematic Review of the Impact of Fathers' Involvement on Youth, Families, and Intervention

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Introduction

**Overview of
Autism Spectrum
Disorder (ASD)**

**Importance of
parental
involvement in
ASD intervention**

**Focus on fathers'
involvement and
its impact on
youth and
families**

Research Gap

Predominance of research focused on mothers

Research gap concerning father's involvement in ASD

Limited studies on fathers' roles in ASD

Historically, studies have centered on mothers, leaving a significant gap in understanding the unique contributions of fathers.

Need for a comprehensive review to understand fathers' impact

The lack of focus on fathers can lead to underutilized potential in interventions and support for families.

Methodology

Systematic review approach:

- Using a structured method to search, select, and synthesize research on the impact of fathers' involvement in the lives of children with Autism Spectrum Disorder (ASD)

Inclusion criteria:

- Father-child interactions
- The role of fathers in family dynamics
- Intervention participation
- Excluding those that only focused on mothers or lacked sufficient paternal data

Analysis of data from multiple sources on fathers' involvement

- The review aimed to assess fathers' involvement with children with ASD and its impact on the child and family

Key Findings: Involvement Impact

01

Fathers' involvement linked to improved outcomes for children with ASD significantly.

02

Benefits include enhanced communication skills and social interaction in children

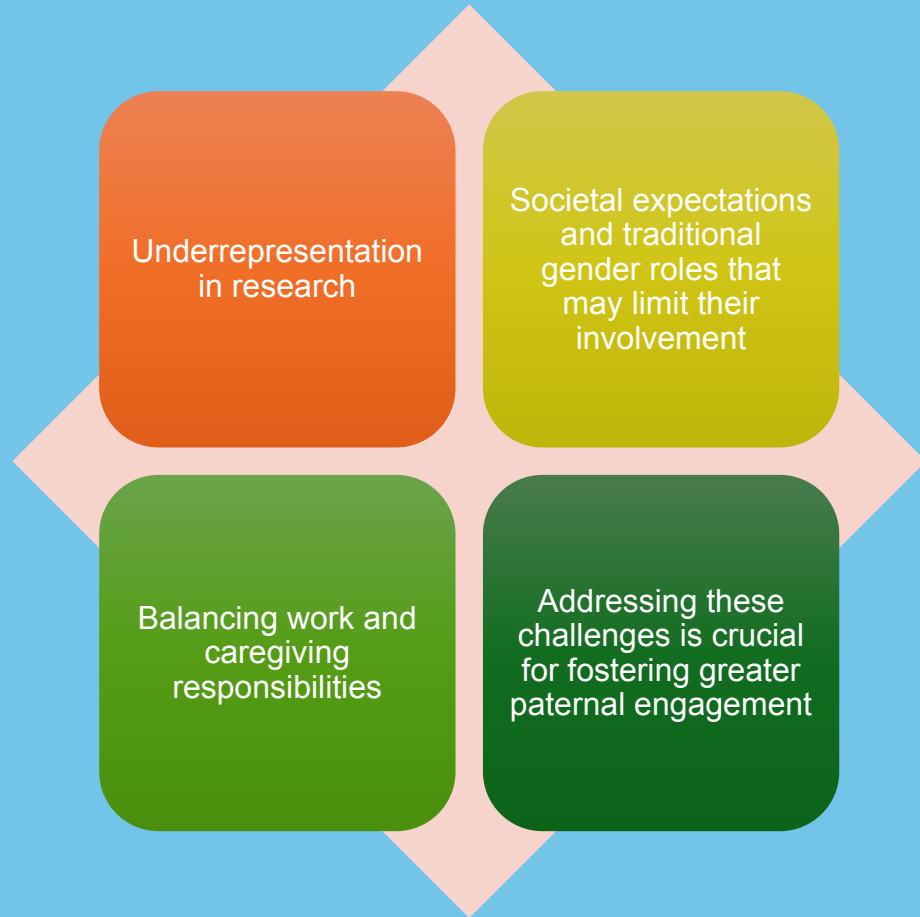
03

Fathers' involvement reduces stress and improves family dynamics.

04

The involvement of fathers is linked to more positive developmental outcomes for children.

Challenges Faced by Fathers



Intervention Strategies

01

Importance of including fathers in intervention programs for children with ASD

02

Tailoring interventions to support fathers' unique roles

03

Recommendations for more inclusive practices in both research and therapeutic settings

Recommendations for Practice

Develop	Develop father-focused support groups
Encourage	Encourage active involvement in therapy sessions
Provide	Provide resources specifically designed for fathers
Foster	These steps can foster greater paternal engagement and improve intervention outcomes.

Future Research Directions



Conclusion

The systematic review concluded that fathers play a crucial and often underrecognized role in the development and care of children with ASD.

Their involvement contributes positively not only to the child's developmental outcomes but also to the overall family dynamic and success of interventions.

The review calls for more research specifically focused on fathers, as well as the integration of paternal perspectives in both clinical practices and family-centered interventions for ASD.

Promoting balanced parental involvement in interventions may enhance overall outcomes for youth with ASD and their families.



Reference

- Rankin, J. A., Paisley, C. A., Tomeny, T. S., & Eldred, S. W. (2019). Fathers of Youth with Autism Spectrum Disorder: A Systematic Review of the Impact of Fathers' Involvement on Youth, Families, and Intervention. *Clinical Child and Family Psychology Review*, 22(4), 458-477.

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