# A Comparative Review of Essential ABA Assessment Instruments - EFL, ABLLS-R, PEAK, and Vineland-3



Essential for Living (EFL)



Assessment of Basic Language and Learning Skills - Revised (ABLLS-R)

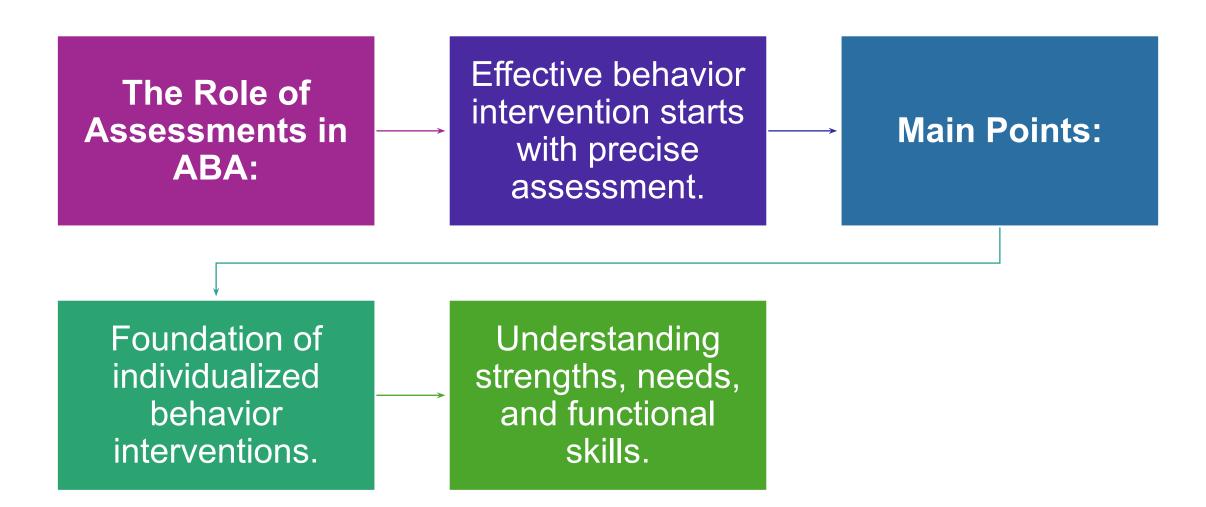


Promoting the Emergence of Advanced Knowledge (PEAK)



Vineland Adaptive Behavior Scales, Third Edition (Vineland-3)

## Overview of ABA Assessment



# **Essential for Living (EFL) Overview**

#### **Main Points:**

Focuses on functional communication and behavioral management.

Designed for individuals with moderate to severe disabilities.

Prioritizes improving quality of life through functional skills.



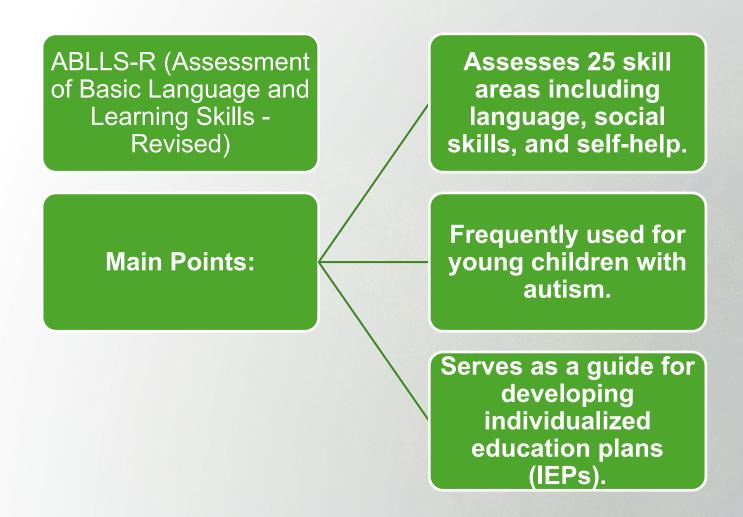
# **EFL: Pros and Cons**

**Main Points:** 

Pros: Emphasizes
functional
communication and
independence; great
for severe disabilities.

**Cons:** Limited scope for higher cognitive functions.

#### **ABLLS-R Overview**



# **ABLLS-R: Pros and Cons**



#### **PEAK Overview**

Promoting the Emergence of Advanced Knowledge (PEAK).



#### **Main Points:**

Four modules: Direct Training, Generalization, Equivalence, and Transformation.

Targets cognitive, relational, and problem-solving skills.

Evidence-based framework for advanced learning.

## PEAK: Pros and Cons

# Main Points:

- Pros: Promotes advanced cognitive and relational skills; strong evidence base.
- Cons: May require more training to implement correctly.

#### Vineland-3 Overview

Vineland-3 (Vineland Adaptive Behavior Scales, Third Edition)

**Main Points:** 

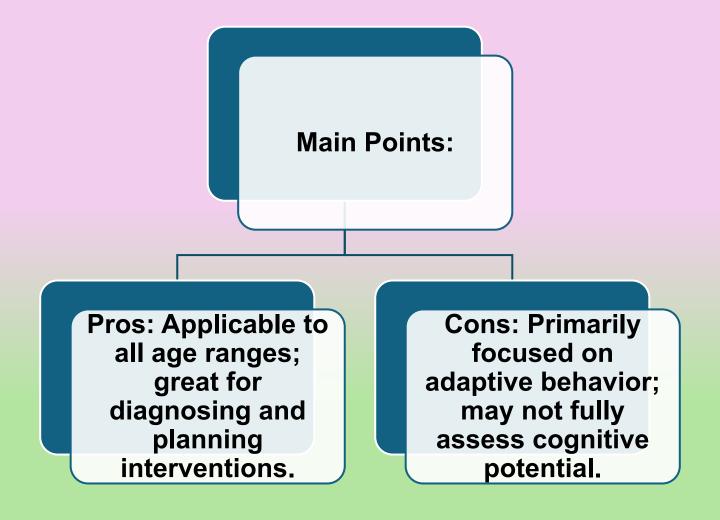
Measures adaptive behaviors like communication, socialization, and daily living skills.

Useful across a wide range of developmental and intellectual disabilities.

Provides insights for diagnosis and intervention planning.



#### Vineland-3: Pros and Cons



# **Comparison & Conclusion**

# Comparing the Four Tools

### **Main Points:**

- EFL vs ABLLS-R: Practical skills vs comprehensive skill areas.
- PEAK vs Vineland-3: Advanced cognitive skills vs adaptive behavior.
- Conclusion: Choose the right tool based on client needs.

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